

# 2020 HEALTH MISSIONS



CARING HANDS AFRICA INC.

Jan 15<sup>th</sup> to Feb 2<sup>nd</sup>

...Improving the quality of life

- Our Mission & Believes.
- To provide access to health care in vulnerable and underserved communities in Africa to improve the health, wellness, and quality of life of those populations most in need.
  - - Our model is built around volunteerism and partnership
  - - We provide care deep in abandoned places
  - - We bring doctors and nurses to provide real healthcare
  - - We secure medicines and equipment from the USA and around the world for donation
- Caring Hands Africa Inc. is a 501(c)3 organization that carries out free medical care through sick calls, health education, and provides potable water and establish latrines to suburbs of Africa, It also strives to enhance education in rural areas, provide support to undocumented immigrants and local homeless shelters within the United States.

# LOCATIONS



- Toubeh Village - Jan 17 to 19
- Bangoua Village - Jan 23 - 26

Toubeh is located in the South West province of Cameroon inhabited by about 700 people. Fishing is the main occupation

Churches 4

School - 1

Clinics - 0

Banguoa is located in the western province of Cameroon. With a population of about 20,000 people mostly farmers

The Bangoua occupy the Bangoua village which is made up of nine independent chiefdoms, they are part of the Bamileke group.

**CARING HANDS AFRICA INC.**

# Team Members

- Alang Geh – Director of CHA
- Martial Wandja - Coordinator of missions
- Rodney Mitchell Snr. Volunteer
- Mark Perry – Team leader of Africa Doc
- Johnston Will – Africa Doc Team member
- Rodney Mitchell Jnr. Africa doc. Team member

# 2020 Team

- Departure from the states



# Brussels



# Arrival to Cameroon



# Trip to Toubeh Jan 18th



The barrel of medication was opened and to the teams surprise, all medications in the barrel was stolen,  
- Wheel chair and walkers intact



# Off for Toubeh

## Jan 18th



- Had to drive to the unstable area of Southern Cameroon where the resistant forces are fighting for freedom and the current government is cracking down on any resistance.
- 3 check points by heavily arm military and police
- Team was worried of possible aggression from the militia or the military

# Bold step by the team



# Arriving Toubeh after 3 1/2 hrs.



# Assessments initiated



# Andrews has elephantiasis



A condition in which a limb or other part of the body becomes grossly enlarged due to obstruction of the lymphatic vessels, typically by the nematode parasites which cause filariasis.

# Meet Andrews



# Andrews story

- Mr Andrews is a y/o male who presented with leg pain, enlargement and oozing. Pt's foot is grossly enlarged possible tumor. Pt stated "I have elephantiasis" he stated that he was told by a traditional healer that he was bewitched for dating another man's wife. For that reason, he really never seek for medical care because it's spiritual. Andrews is married to 3 wives with over 20 children but unable to work and feed his family. The tumor has caused Mr. Andrews to have to deal with the community rejection, pain and low self esteem.



# Accomplishments

- Consulted and treated 49 patients
- Treated 18 children
- Initiated IVF= as patients presented with dehydration

**Precious stated she wants to be a doctor in the future but she isn't attending school because parents can not afford \$160 each year for her education**



# Outside the clinic



# They deserve love too



# Challenges.

You can provide this  
community with

- latrines
- medical supplies
- portable water
- showers
- clinic



# Remember David?

- David is a 7 year old boy who was found by caring hands in 2017 with severe malnourishments, persistent diarrhea, cough, thrush and failure to thrive
- David was sent to the hospital in 2017 and was diagnosed with HIV
- Caring Hands established a care plan and in collaboration with BINGO hospital in Mutengene to follow the child.
- David was placed on antivirals and other meds

# Meeting David

2017

2018

2020



ur Care

s Africa Inc

# 2020

- During this mission, the team was excited to surprise David but on arrival, David's circumstance had taken another turn. David was worse as he had relapse for failure to comply with care plan. The parents stopped caring for David medically, the boy ran out of medications, did not go for his 6month checkup as scheduled.
- As it relates to the civil crises in the Country, Caring Hand volunteer who was following David care was displaced and the responsibility defaulted to the parents.
- Parents stated they had no means of transportation to take him to the hospital or to go pick up his antivirals.



# Caring Hands determined to give him a chance



# David Jan 2020



# Parent education



The director, discussed the problems, and possible solutions for David's care plan with parents  
Parents appeared uncommitted.

# David's brother committed to care for David



# Caring Hands stands for children like David





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[www.caringhandsafrica.org](http://www.caringhandsafrica.org)



# Meet Daniel

- He is 3 month old baby boy born with an imperforate **anus** - a birth defect that happens while the baby is still growing in the womb. This defect means that the baby has an improperly developed **anus**, and therefore can't pass stool normally from their **rectum** out of their body. Many times babies with this condition also have other defects of the **rectum**.

# Meet baby Daniel





# Mom did not have simple pampers nor colostomy bags



**Cost of surgery \$4200  
please save little Daniels life**



# Care Plan

- Baby Daniel has 2 failed surgeries to establish a colostomy and was septic when we got there. Baby was treated with antibiotics and basic supplies such as pampers and colostomy bags provided. A bag cost 14 dollars in Cameroon and this single mom has no job and is struggling to care for Daniel.
- In 3 months Daniel will need surgery to correct his condition, Caring Hands Africa is seeking for funding to pay for his surgery.



# PAUSE

- The team rested for a couple of days from Toubeh village and on Jan 23<sup>rd</sup> headed out to Banguoa village for another mobile clinic

# 4 hour road trip to Bangoua Village



# Jan 23-2020

## Banguoa Preps



# Clinic in motion



Here we had more than 280 patients showed up for consultation



# Patient Treatment



# 69 year old received a wheel chair



**70% of BP were above 200  
systolic**



# Visual problems



The most common issue in Bangoua is glaucoma, and other visual complaints

# skin conditions



Most toddlers presented with skin rashes and lesions

# 90 y/o with cellulitis



Pt was severely dehydrated, and was treated with IV antibiotics, and IVF

# 3 yr old little girl with Rickets



- **Genu valgum, commonly called "knock-knee", is a condition in which the knees angle in and touch each other when the legs are straightened. Individuals with severe valgus deformities are typically unable to touch their feet together while simultaneously straightening the legs.**
- **Treatment consists of vitamins**
- **Treatment may involve adding vitamin D or calcium to the diet, medications, or possibly surgery.**



# 70 y/o with walker for the first time



# Meet 14 y/o Angie



# Angie

- She was in a motor cycle accident 5 years ago, because of no access to health care, she received no treatment at all. She has been butt crawling since then, she has no basic hygiene items and was brought to us in desperate need.

**Lightest Electric Wheelchair by EZ Lite Cruiser Deluxe DX12**

**Model \$2,595.00 , Shipment \$800**

**Total \$3,395**



**Please donate a motorized wheel chair  
and change her life**

# The team with the local priest and King of Banguoa



# Departure gifts of hats from the King of Banguoa



# Meet Caring Hands kids enrolled under our sponsorship program. Education for kids

11 year old Ruth  
who's father was  
killed in the civil  
crises in Cameroon  
since 2017 and she  
has been out of  
school.  
Receiving tuition  
from Dr.  
Mohammed as her  
sponsor



# Meet Macfield

Macfield received  
tuition as sponsored  
by Theodosia Fobella  
-RN, UMMC

3<sup>rd</sup> year under our  
education for kids  
program





# Wants to sponsor a child?



**\$10 a month will give a child an education. Contact us at  
Caringhandsafrica.org**









# Total Impact

- We treated 245 patients in total
- But educated 480 on chronic health conditions such as HBP, Eye care, routine health exams, balance diets
- Home water treatment techniques
- Basic hygiene

# Please support us

- Donate at [www.caringhandsafrica.org](http://www.caringhandsafrica.org)
- Donate via CashApp and paypal at
  - [infos@carinhandsafrica.org](mailto:infos@carinhandsafrica.org)
  - Send checks to
  - Caring Hands Africa Inc.  
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